

INFORMATION LEAFLET FOR INFECTED PERSONS

You have been diagnosed with a SARS-CoV-2 infection

- You must stay at home and may not receive any visitors (home quarantine).
- Wherever possible, isolate in a separate part of the house from the other members of the household and do not share communal space at the same time.
- As a rule, self-isolation ends after the 14th day following the first positive PCR test or the onset of symptoms. Isolation is ended by the local health authority.
- If you have been vaccinated and have no symptoms, you may be eligible for early release from isolation after a further PCR test. The second PCR test will be carried out after 5 days at the earliest. The local health authority will take a decision on any release from isolation.
- You are responsible for informing all your close private and professional contacts without delay. Put together a list of persons you were in close contact with in case of queries.
- A close contact shall be deemed:
 - having been exposed to a contact person from two days before and up to 14 days after a positive test /after the onset of symptoms
 - without a mask: face-to-face contact <1.5 metres and >10 minutes, face-to-face conversation regardless of duration
 - contact with secretions from the respiratory tract
 - staying in the same room for >10 minutes where the concentration of aerosols is likely to be high
- Draw the attention of your contacts to the fact that the local health authority will only get in touch in exceptional cases. These isolation measures must be adhered to in order to break the chains of infection!

If you develop symptoms or your symptoms become worse, call your GP (family doctor) or the non-emergency medical on-call service (Kassenärztlicher Bereitschaftsdienst): **116 117**.

Inform the medical staff about your positive test.

In case of life-threatening conditions, call the emergency number: **112**.

Loss of earnings during quarantine:

Gainfully employed persons who suffer a loss of earnings when self-isolating may receive compensation pursuant to Section 56 of the German Infection Protection Act (IfSG).

For all information, including the online application form, please visit <https://ifsg-online.de>.

LAGuS, Versorgungsamt Schwerin (the Regional Authority for Health and Social Affairs, Schwerin Public Support Office) is responsible in this matter.